

Student's Name: _____

PART I – MINISTRY REQUIRED COURSES



Course
Descriptions

Required Courses – no choices:



Social Studies 10



Science 10



Career Life Education 10

Required Courses – student choices. Select (✓) only one course per subject area:

English



English 10



English First Peoples 10

Math



Foundations of Math / Pre-Calculus 10



Workplace Math 10

Physical and Health Education



Regular PE (Physical & Health Ed. 10)



Physical Activity for Life 10

PART II – ELECTIVE COURSES

Students in grade 10 receive **3 elective courses** inside the timetable (*during the school day*). From the list below, **rank your top 5 choices** and we will do our best to honour your top 3 selections.

Applied Design, Skills & Technology (ADST)

- ___ Computer Studies 10
- ___ Culinary Arts 10
- ___ Entrepreneurship & Marketing 10
- ___ Food Studies 10
- ___ Game Design 10
- ___ Media Design 10
- ___ Metalwork 10
- ___ Power Technology 10
- ___ Robotics 10

Fine Arts

- ___ Art Studio 10
- ___ Concert Band 10
- ___ Dance Company 10
- ___ Drama 10
- ___ Guitar 10
- ___ Musical Theatre 10
- ___ Photography 10
- ___ Theatre Company 10

Other

- ___ Core French 10

PART III – ELECTIVE COURSES OUTSIDE THE TIMETABLE

These courses are take place before or after school (*sometimes at lunch*). Students can select (✓) more than one.

- ☐ Leadership 10
- ☐ Athletic Leadership 10
- ☐ Yearbook 10
- ☐ Jazz Band (AM)
- ☐ Choir
- ☐ AM Basketball 10

PART IV – PARENT/GUARDIAN APPROVAL

I have reviewed my student's plan, paying specific attention to their math class ("What are your reasons for choosing FMP vs. Workplace?") and understand that while best efforts are made to give students their primary elective choices, alternates are a real possibility. We have also discussed potential pathways after high school, with a focus on keeping as many doors open as possible.

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

ABBREVIATED COURSE DESCRIPTIONS

AM Basketball: AM Basketball optimally facilitates pre-season development and off-season training for student-athletes serious about basketball.

Art Studio: The major component of this course will consist of design, drawing, painting, printmaking, sculpture and art appreciation.

Athletic Leadership: This is a leadership course with specific emphasis on athletics.

Choir: Choir is for any student wishing to engage in vocal music-making in a variety of unique styles and methods.

Computer Studies: We will explore topics such as assembling your own hardware and building your own computer.

Concert Band: Students will use woodwind, brass, string, or percussion instruments to perform in a large ensemble setting for a variety of audiences.

Core French: All four components of language are taught: speaking, listening, reading, writing.

Culinary Arts: In this course, you will learn a wide range of skills that will equip you to work in any food service environment.

Dance Company: This artistically creative and physically active course presents students with the opportunity to learn, develop and refine dance techniques and skills.

Drama: This is an inclusive and welcoming acting class for students new to drama, or those students who may not be comfortable performing in front of large groups and audiences.

Electronics and Robotics: This is an exciting course in electronics taking a look at the power of assembling arduinos and EV3 mindstorm Lego robots.

English First Peoples: Students will consider and explore First Peoples' worldviews through the study of Canadian Indigenous prose, poetry, and media texts.

English: Focuses on the developing skills necessary for all students to think and respond critically, creatively, and reflectively to the world around them.

Entrepreneurship & Marketing: Learn about business models, marketing strategies, stocks, bonds, ETF's, and anything else that pertains to making unlimited money in a free market economy.

Food Studies: In this junior course, the focus will be on food preparation principles and techniques, meal planning and global systems while you are preparing ethnic cuisines.

Foundations of Math and Pre-Calculus: A more challenging foundational math course that keeps doors open for post-secondary pursuits.

Game Design: Students will have an opportunity to work on the graphic design and/or work on the coding part of a video game - or both!

Graphics Media Design: A computer graphic design course for students who have an interest or talent in art and want to transfer those skills to the digital world.

Guitar: An intro to guitar course where students can learn to play, including those brand new to guitar.

Jazz Band: This course is open to all instrumentalists with at least two years of band experience. Preferred instruments are: saxes, trumpets, trombones, drums, bass, piano and guitar.

Leadership: Leadership 10 is designed to provide students with tools & strategies to become strong, confident leaders in the school and community.

Metalwork: This course introduces students to metal fabrication and mechanical technologies through a variety of projects and skill-building labs.

Musical Theatre: Musical Theatre is an exciting and challenging performance-related course.

Photography: This course will further refine your camera skills and digital image editing techniques.

Physical Activity for Life: This course offers students the opportunity to earn credit for PHE 10 in a supportive, non-competitive environment.

Physical and Health Education: Focuses on leadership and sportsmanship, and students experience a variety of activities.

Power Technology: Power Mechanics is an introduction to automotive engines and other various power sources.

Science: Topics include biology, physics, and earth and space science.

Social Studies: Social Studies 10 is a survey course, which means that it will introduce a wide variety of topics in modern Canada around "Big Ideas" rather than go into detail on a few topics.

Theatre Company: This is an enhanced acting class for experienced drama students, or those students with a keen interest in acting!

Workplace Math: For entering most trades programs (not electrical) or the workforce after graduation. Does not meet the minimum math requirement for many post-secondary programs.

Yearbook: Help produce our traditionally excellent school yearbook!

Full course descriptions, including grade 11 and 12 offerings
can be found on our website – use this QR code!

