



Self-Reflection and Goal Setting

Term 1

A BLOCK

Rationale

- Part of the Ministry of Education's new reporting order
 - Self-reflection and goal setting needs to be done during reporting periods

“Research shows that students have accurate perceptions of themselves and their own learning, and that self-reflection and goal setting can play a significant role in helping them learn and grow.”

Self-Reflection and Goal Setting

- Assess your own strengths
- Create realistic and achievable goals
- Construct a clear path to reach your goals
- We all do this all the time already, just maybe not intentionally in the classroom
 - Sports
 - Potential jobs
 - Plans after high school
 - Any goal!



Instructions

- This PowerPoint will take you through the SAS self-reflection and goal setting process
- You will:
 - Complete a placemat
 - Upload a picture of the placemat to MyBlueprint
- You will need:
 - Writing utensil and access to a cell phone or Chromebook





Placemat

What curricular competency did you select for this course?

Explore, analyze, and apply mathematical ideas using reason, technology, and other tools.

Why did you choose this competency?

Math is hard for me. I know I will need to work hard on concepts in class, which means focusing on understanding concepts and applying them to math problems.

Which core competency does it relate to?

(circle one)



How would you rank your proficiency in the curricular competency?



Emerging



Developing



Proficient



Extending

FOM 11

(course)

A

From the reverse
of your placemat.



Self-Reflection and Goal Setting

Name: Jane Smith

Learning Update: 1—Fall 2023

What is your realistic and achievable semester 1 goal, academic or personal, that you'd like to set?

80% or higher in FOM 11.

Why is this goal important to you?

Math is hard for me, but it is important for me to do well in the course for my post-secondary goals.

What is your clear path to achieve this goal?

- Attend every single class
- Ask for help, which is hard for me
- Leave my cell phone in my locker ☹️

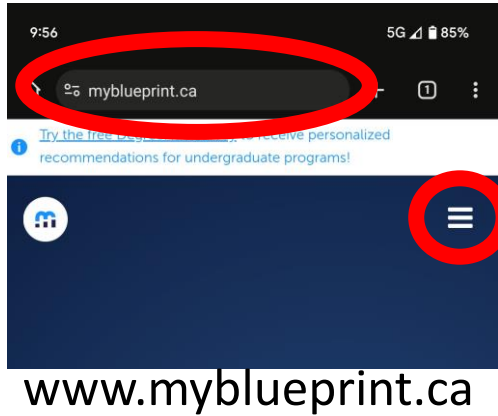


SCAN HERE



Logging In

1



3

Welcome Back

Username/Email

Password

[Forgot Password?](#)

Log In

Or

[School Account Login](#)

[QR Code Login](#)

4

School Login

Find your school district below to log in with your school username/email and password. This list only includes schools & districts using Single Sign-on (SSO) for myBlueprint.

School District/School

SD83 North Okanagan-Shuswap

Login with School Account

Type sd83 to find it quick!

5

North Okanagan-Shuswap School District No. 83

Sign in using your normal credentials.

Sign in with your SD83 username and password.

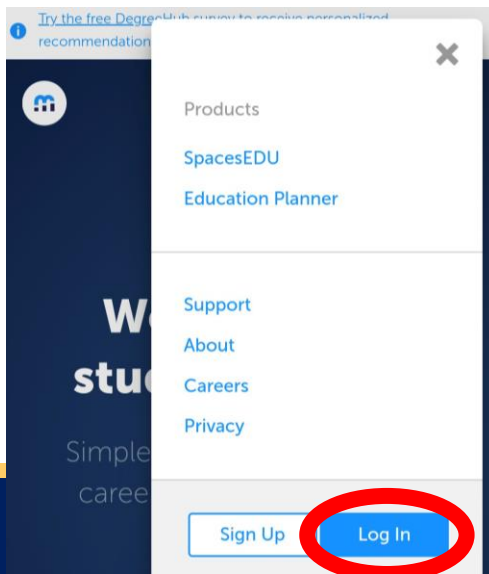
User Name

Password

Sign in

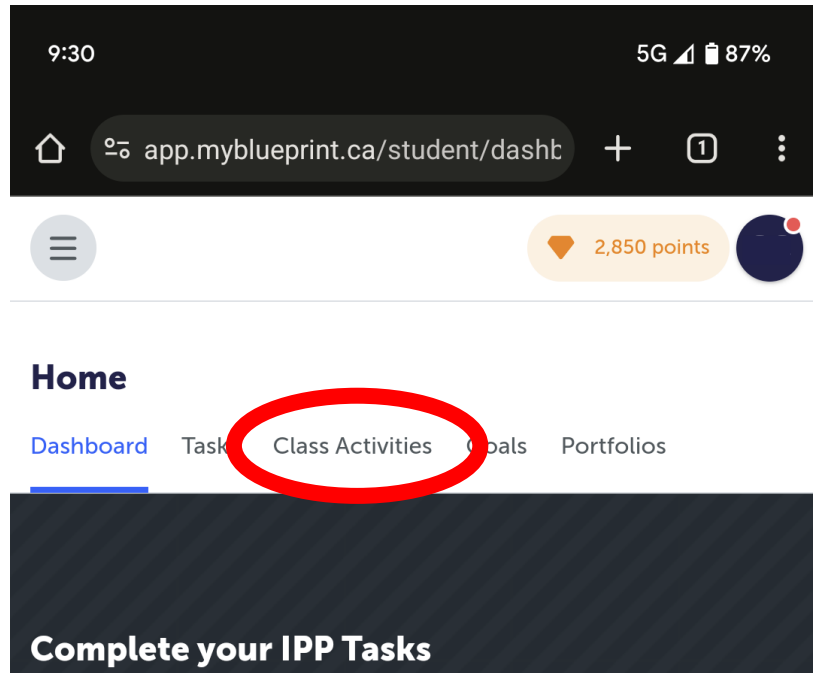
If you do not know your account details, please contact the helpdesk

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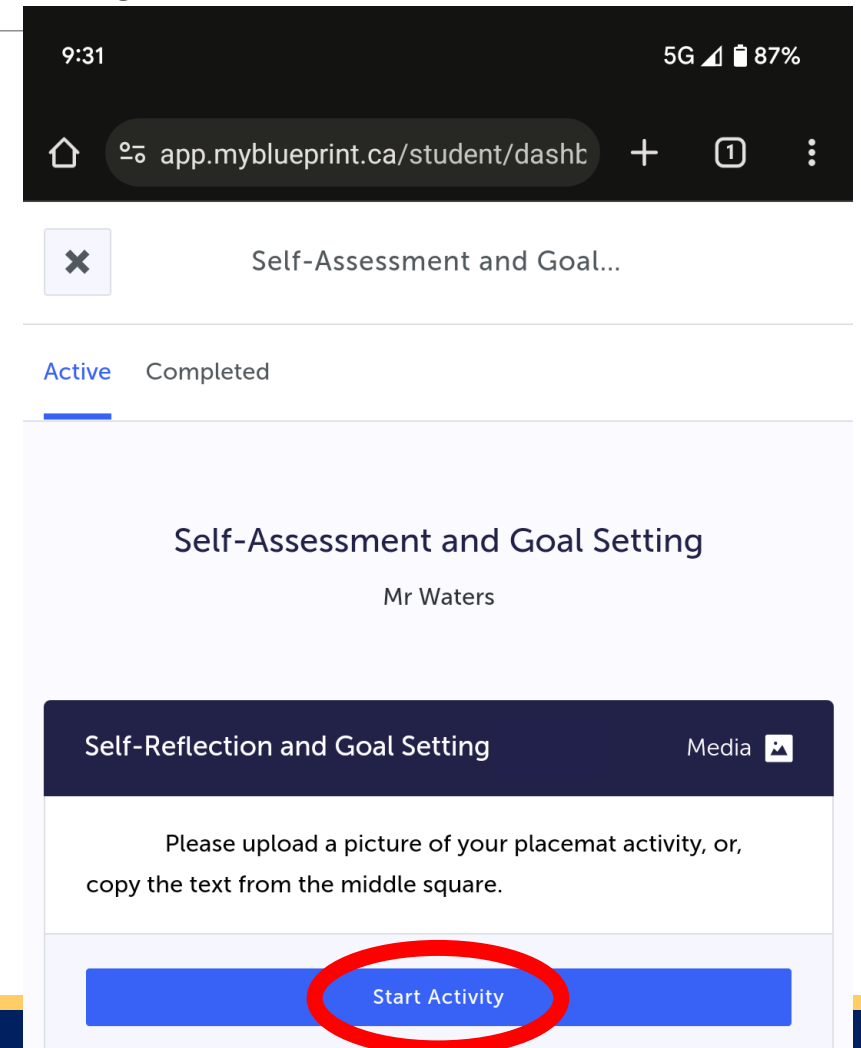


Find the Activity

1



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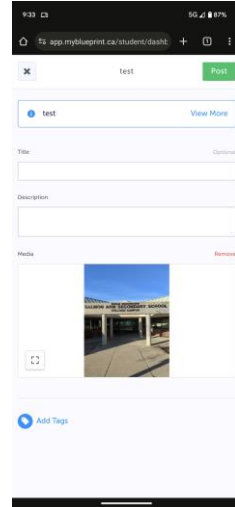
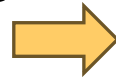


Upload and Submit

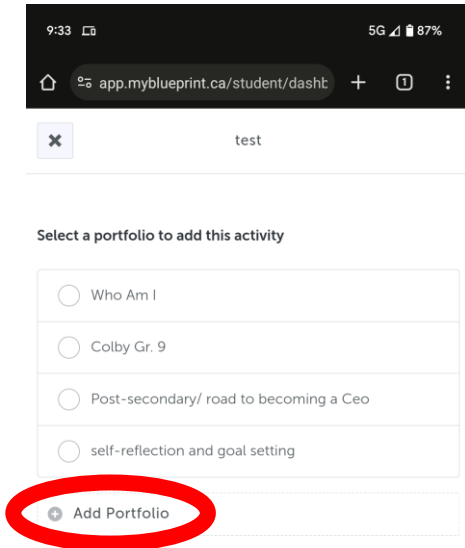
3



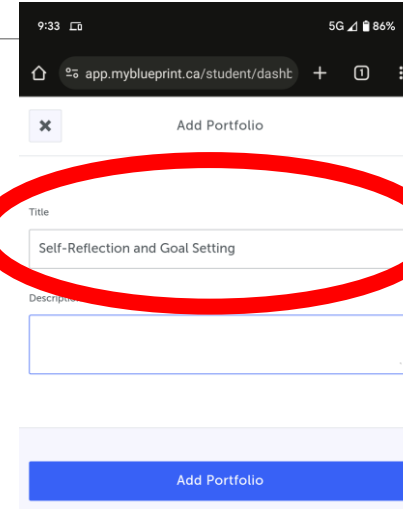
Click the image icon to open your camera.



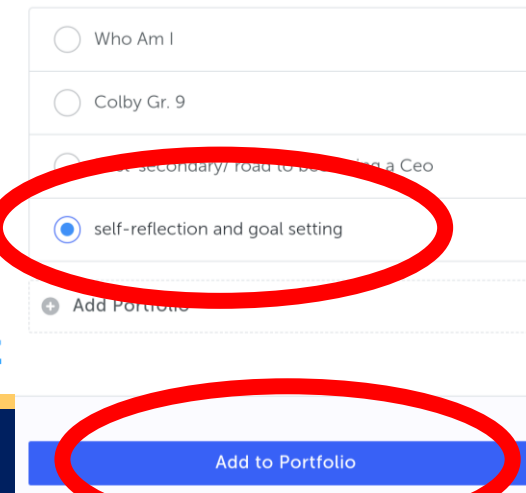
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Next Steps (in the New Year)

- At the conclusion of semester 1, all students will log back in, find the picture they uploaded and provide an update:
 - Did you meet your goal?
 - Why or why not?

