

ÉCOLE SECONDAIRE  
SALMON ARM SECONDARY SCHOOL  
SULLIVAN CAMPUS

  
Salmon Arm  
SECONDARY

COURSE SELECTIONS  
PLANNING FOR GRADE 10



# WELCOME TO THE BC GRAD PROGRAM



- Covers grades 10-12
- Courses are now worth credits
- Credits are the currency with which you graduate
- You need enough of the right credits to graduate
- 3 provincial assessments

2028  
Class of



# ***WHERE TO BEGIN?***

**Two things to consider:**

- 1. What courses do I need to graduate?***
- 2. What courses best position me to pursue my career goals?***



# GRADUATION REQUIREMENTS



## Course Planning Worksheet & Graduation Check

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Counsellor: \_\_\_\_\_

### Grade 10 Credits

#### Required Courses:

- ☐ English 10 or English FP 10 4
- ☐ Social Studies 10 4
- ☐ Science 10 4
- ☐ a Math 10 4
- ☐ Physical Health Education 10 4
- ☐ Career Life Education 10 4

#### Elective Courses:

- ☐ \_\_\_\_\_ 10 4
- ☐ \_\_\_\_\_ 10 4
- ☐ \_\_\_\_\_ 10 4
- ☐ \_\_\_\_\_ 10 4

Total Credits: \_\_\_\_\_

#### Provincial Assessments:

- ☐ Numeracy 10
- ☐ Literacy 10
- ☐ Literacy 12

### Grade 11 Credits

#### Required Courses:

- ☐ an English 4
- ☐ a Social 4
- ☐ a Science 4
- ☐ a Math 4
- ☐ Career L 4

#### Elective Courses:

- ☐ \_\_\_\_\_ 11 4
- ☐ \_\_\_\_\_ 11 4
- ☐ \_\_\_\_\_ 11 4
- ☐ \_\_\_\_\_ 11 4

Total Credits: \_\_\_\_\_

#### Graduation Requirements:

- ☐ An **ADST** or **Fine Arts** course (10, 11 or 12)
- ☐ An **Indigenous-Focused** course (10, 11 or 12)
- ☐ A minimum of two grade 12 electives

### Indigenous Focused Credit

- ☐ You need a minimum of 1, but can take as many as you'd like!
- ☐ Can be done via an English class or a Social Studies class
  - English Options:
    - First Peoples 10, 11 or 12
  - Social Studies Options:
    - BC First Peoples 12
- ☐ Can be done in grade 10, 11 or 12

### Grade 12 Credits

#### Required Courses:

- ☐ an English 4
- ☐ a Social 4
- ☐ a Science 4
- ☐ a Math 4
- ☐ Career L 4

#### Elective Courses:

- ☐ \_\_\_\_\_ 12 4
- ☐ \_\_\_\_\_ 12 4
- ☐ \_\_\_\_\_ 12 4
- ☐ \_\_\_\_\_ 12 4

Total Credits: \_\_\_\_\_

#### Minimum Credit Requirements:

- ☐ 56 Required Credits
- ☐ 24 Elective Credits
- ☐ 80 Minimum number of credits



# PLANNING GRADE 10

## Required Courses:

- |   |   |
|---|---|
| <input type="checkbox"/> English 10 or English FP 10  | 4 |
| <input type="checkbox"/> Social Studies 10            | 4 |
| <input type="checkbox"/> Science 10                   | 4 |
| <input type="checkbox"/> a Math 10                    | 4 |
| <input type="checkbox"/> Physical Health Education 10 | 4 |
| <input type="checkbox"/> Career Life Education 10     | 4 |

## Elective Courses:

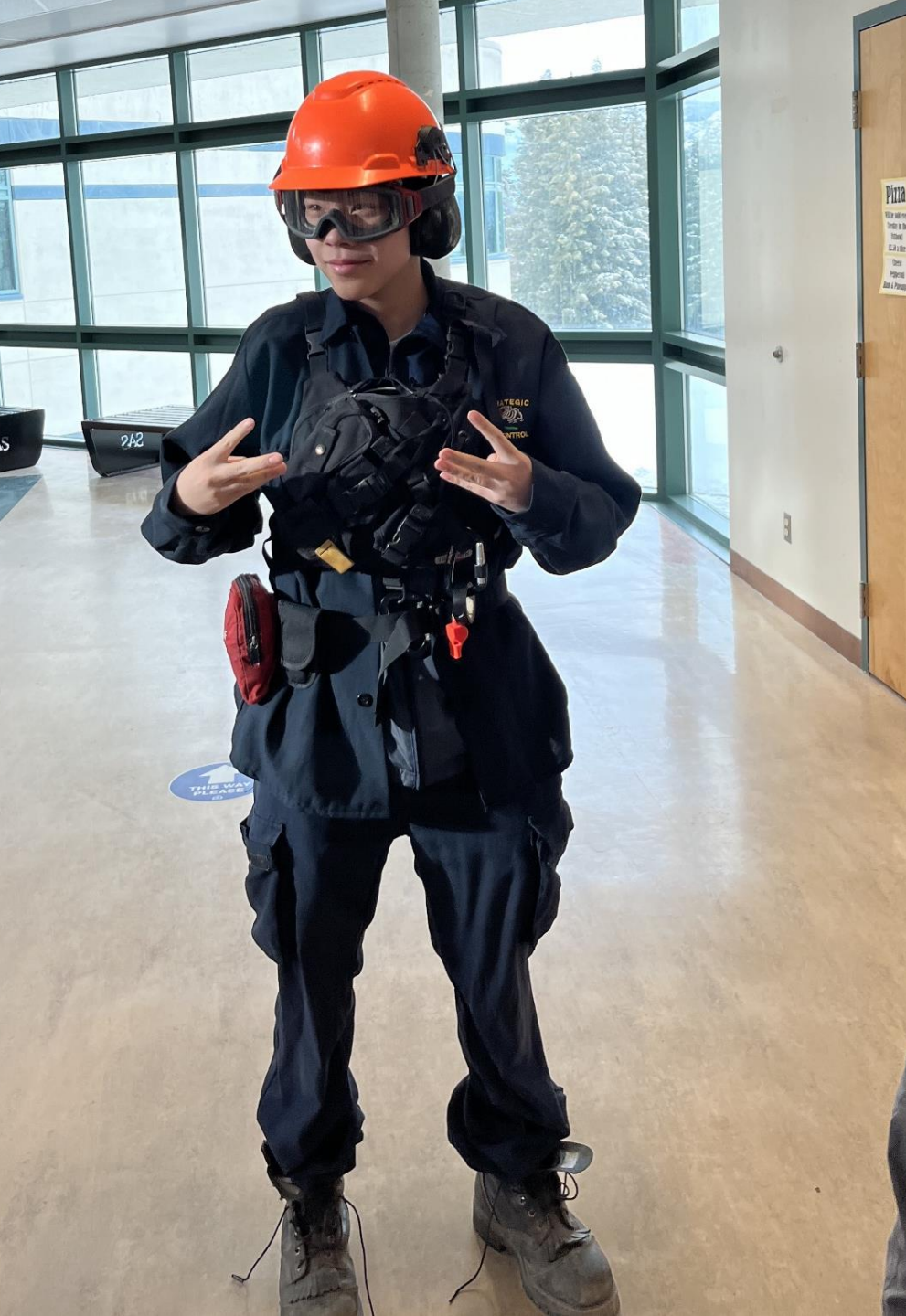
- |                                   |   |
|-----------------------------------|---|
| <input type="checkbox"/> _____ 10 | 4 |
| <input type="checkbox"/> _____ 10 | 4 |
| <input type="checkbox"/> _____ 10 | 4 |

Grade 10 students take a minimum of 8 courses, plus Career Life Education 10.

A lot of you may choose to take even more!







# CAREER LIFE EDUCATION 10

## CLE 10

- ✓ Career Seminars
- ✓ MyBlueprint
- ✓ Personal Career Exploration
- ✓ Work Experience
- ✓ Post-Secondary Tours and Spotlights

# MATH 10 OPTIONS

Foundations and Pre-Calculus 10  
(FMP 10)

OR

Workplace Math 10



***Both meet graduation requirements for math; however...***





# MATH 10 OPTIONS

- **Foundations and Pre-Calculus Math 10**

*Provides students with the mathematical skills and the critical thinking skills required in most post secondary studies including theoretical calculus.*

- **Workplace Math 10**

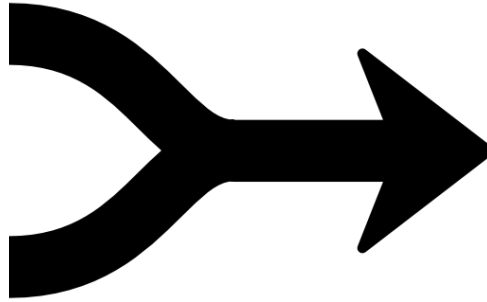
*Intended for students with the mathematical understanding and critical thinking skills identified for entry into most of the trade programs (not electrical) and for direct entry into the workforce.*



# ENGLISH 10 OPTIONS

English 10

English First Peoples 10



***Both meet graduation requirements for English.***



MEETS YOUR INDIGENOUS  
FOCUSED CREDIT REQUIREMENT



# PHYSICAL AND HEALTH EDUCATION

PHE 10 is **mandatory** for graduation, but you can choose from:

***PHE 10***

***Physical Activity for Life 10***





# ELECTIVES

## Inside the timetable:

ADST	FINE ARTS	LANGUAGES
<input type="checkbox"/> Computer Studies 10	<input type="checkbox"/> Art Studio 10	<input type="checkbox"/> Core French 10
<input type="checkbox"/> Culinary Arts 10	<input type="checkbox"/> Choir 10	
<input type="checkbox"/> Entrepreneurship & Marketing 10	<input type="checkbox"/> Concert Band 10	
<input type="checkbox"/> Food Studies 10	<input type="checkbox"/> Dance Company 10	
<input type="checkbox"/> Game Design 10	<input type="checkbox"/> Drama 10	
<input type="checkbox"/> Media Design 10	<input type="checkbox"/> Guitar 10	
<input type="checkbox"/> Metalwork 10	<input type="checkbox"/> Musical Theatre 10	
<input type="checkbox"/> Power Tech 10	<input type="checkbox"/> Photography 10	
<input type="checkbox"/> Robotics 10	<input type="checkbox"/> Studio Art 2D 10	
	<input type="checkbox"/> Theatre Company 10	

## Outside the timetable:

- ☐ Leadership 10      ☐ Athletic Leadership 10      ☐ Yearbook 10      ☐ Jazz Band (AM)



**Select your electives based on your interests and future goals. Read through the course catalog on our website for more information about each elective.**

# SD83 CAREER PROGRAMS

- **Work Experience (120 hrs)**

Part- time job? **Want 4 credits?** Fill out an application in the career center to start counting your work hours for credits

- **Youth WORK in the Trades**

Students that work with a qualified tradesperson can sign up for high school credits as an apprentice

- **Youth TRAIN in Trades**

Programs with Trade Training Certification and high school credits

Eg: Auto Service Tech/Auto Collision Tech/Hairstylist/Professional Cook

- **Gateway to Tech**

Students interested in tech



SD83



Please visit the career center ASAP if you are interested in any of these options, as some require multi-year planning.



# COURSE SELECTION PROCESS

- March 5-6 SAS @ JLJ for Course Presentations
  - Take your course planning worksheet home and review with a guardian
- March 5, 5:00PM @ SAS – Welcome to SAS!
- March 10-13 SAS @ JLJ for Course Selections
  - Meet in small groups with SAS to enter your selections – **you will need your course planning worksheet!**

**SECONDARY** **Course Planning Worksheet** **10** Planning for Grade

Student Name: \_\_\_\_\_

**PART I – MINISTRY REQUIRED COURSES (8)**

**Required Courses – No Choice (4):**

☒ Social Studies 10 ☒ Science 10 ☒ Physical & Health Education 10 ☒ Career Life Education 10

**Required Courses – Student Choice (2):**

English 10 Credit, please check: ☐ English 10 ☐ English First Peoples 10

Math 10 Credit, please check: ☐ FMP 10 ☐ Workplace Math 10

**PART II – ELECTIVE COURSES (min 3)**

Inside the Timetable (3), please check:

**ADST**

☐ Computer Studies 10 ☐ Culinary Arts 10 ☐ Entrepreneurship & Marketing 10 ☐ Food Studies 10 ☐ Game Design 10 ☐ Media Design 10 ☐ Metalwork 10 ☐ Power Tech 10 ☐ Robotics 10

**FINE ARTS**

☐ Art Studio 10 ☐ Choir 10 ☐ Concert Band 10 ☐ Dance Company 10 ☐ Drama 10 ☐ Guitar 10 ☐ Musical Theatre 10 ☐ Photography 10 ☐ Studio Art 2D 10 ☐ Theatre Company 10

**LANGUAGES**

☐ Core French 10

**PART III – ELECTIVE COURSES OUTSIDE THE TIMETABLE (0+)**

☐ Leadership 10 ☐ Athletic Leadership 10 ☐ Yearbook 10 ☐ Jazz Band (AM)

**PART IV – ALTERNATE ELECTIVES (min 2)**

\_\_\_\_\_  
\_\_\_\_\_

**PART IV – PARENT/GUARDIAN APPROVAL**

I have reviewed my student's plan, paying specific attention to their math class ("What are your reasons for choosing FMP/Workplace?") and understand that while best efforts are made to give students their primary elective choices, alternates are a real possibility. We have discussed potential pathways after high school, with a focus on keeping as many doors open as possible.

Parent/Guardian Name: \_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_

# TAKE ADVANTAGE OF ALL WE OFFER







GRAD CLASS OF  
2028